

NEWBERRY GYM SCHEDULE

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5am		OPEN GYM 5-6am Adults ONLY		OPEN GYM 5-6am Adults ONLY		OPEN GYM 5-6am Adults ONLY	
6am		EARLYBIRD VOLLEYBALL (Drop-In) 6-8am	OPEN GYM 5-9am Adults ONLY	EARLYBIRD VOLLEYBALL (Drop-In) 6-8am	OPEN GYM 5-9am Adults ONLY	EARLYBIRD VOLLEYBALL (Drop-In) 6-8am	
7am	FAMILY OPEN GYM 7-10am All ages welcome!						FAMILY OPEN GYM 7-8:45am All ages welcome!
8am		OPEN GYM 8-9am Adults ONLY		OPEN GYM 8-9am Adults ONLY		OPEN GYM 8-10:30am Adults ONLY	
9am		FAMILY OPEN GYM/ DAC KIDS CAMP 9-10:30am *Kids Camp 1/2 Court 9:30-10:30am	FAMILY OPEN GYM/ DAC KIDS CAMP 9-10:30am *Kids Camp 1/2 Court 9:30-10:30am	FAMILY OPEN GYM/ DAC KIDS CAMP 9-10:30am *Kids Camp 1/2 Court 9:30-10:30am	FAMILY OPEN GYM/ DAC KIDS CAMP 9-10:30am *Kids Camp 1/2 Court 9:30-10:30am	FAMILY OPEN GYM/ DAC KIDS CAMP 9-10:30am *Kids Camp 1/2 Court 9:30-10:30am	DAC FIT SPORT 9-9:50am 1/2 Court Open Gym
10am	ADULT MORNING BASKETBALL (Drop-In) 9:30am-12pm						FAMILY OPEN GYM 10am-12pm All ages welcome!
11am		NCC PRESCHOOL 10:30-11:30am	NCC PRESCHOOL 10:30-11:30am	NCC PRESCHOOL 10:30-11:30am	NCC PRESCHOOL 10:30-11:30am	NCC PRESCHOOL 10:30-11:30am	
12pm			ADULT BASKETBALL (Drop-In) 11:30am-1pm		ADULT BASKETBALL (Drop-In) 11:30am-1pm		
1pm	BATTING CAGE RESERVATIONS OR BIRTHDAY PARTIES 12-4pm	ADULT BASKETBALL (Drop-In) 11:30am-3pm	OPEN GYM 1-2pm Adults ONLY	ADULT BASKETBALL (Drop-In) 11:30am-3pm	OPEN GYM 1-2pm Adults ONLY	ADULT BASKETBALL (Drop-In) 11:30am-3pm	BATTING CAGE RESERVATIONS OR BIRTHDAY PARTIES 12-4pm
2pm			FAMILY OPEN GYM 2-3pm All ages welcome!		FAMILY OPEN GYM 2-3pm All ages welcome!		
3pm		NCC PRESCHOOL 3-4pm	NCC PRESCHOOL 3-4pm	NCC PRESCHOOL 3-4pm	NCC PRESCHOOL 3-4pm	NCC PRESCHOOL 3-4pm	
4pm			FAMILY OPEN GYM 4-8pm All ages welcome!			FAMILY OPEN GYM 4-5pm All ages welcome!	
5pm	FAMILY OPEN GYM 4-8pm All ages welcome!	FAMILY OPEN GYM 4-9pm All ages welcome!		FAMILY OPEN GYM 4-8pm All ages welcome!	FAMILY OPEN GYM 4-9pm All ages welcome!	YOUTH EVENTS 5-9pm (as needed)	FAMILY OPEN GYM 4-8pm All ages welcome!
6pm							
7pm			ADULT BASKETBALL (Drop-In) 6-9pm	ADULT BASKETBALL (Drop-In) 7-9pm			
8pm							

