

Batting Cage Rules and Regulations

- First time users must undergo a brief equipment orientation with a staff member of The Downtown Athletic Club.
- The pitching machine may only be operated/fed by an adult over the age of 18.
- Youth under the age of 14 must be accompanied by an adult.
- Closed-toed shoes must be worn; only clean running or turf shoes are to be worn. Cleats are not allowed.
- Batters and attendants must wear helmets at all times (including staff), while in the batting cage.
- Only the batter and ball feeder are allowed in the cage at any time.
- When pitching or operating the pitching machine, members must remain behind the safety screen.
- Spectators and those not batting or pitching need to stand outside the netted area.
- Please take practice pitches before allowing the batter into the cage. Adjustments to speed will greatly alter the flight path of the ball.
- No speed or pitching adjustments should be made once the batter has entered the cage.
- Practice swings are only allowed once you have entered the cage.
- Once your time is up, staff will stop the machine and secure it. Bats and balls will then be collected.
- When departing please pick up any helmets, bats and trash.
- Coach pitch batting practice is allowed but the pitcher must stand behind the safety screen at all times.
- Please do not enter the batting cage unless directed to by the staff member assigned to your group.
- Adults are responsible for the actions of the youths in the batting cage. Misconduct will result in immediate termination of privileges.
- No unauthorized items are allowed in the Downtown Athletic Club batting cage.
- No food or drink is allowed in the batting cage.
- No alcohol, illegal drugs, or tobacco is allowed in The Downtown Athletic Club Batting Cages.
- No spitting, gum chewing, or possession/consumption of sunflower seeds.
- If an incident or accident happens, please contact The Downtown Athletic Club batting cage staff member immediately.
- Misuse of any kind will be cause for denying future use of the batting cage.

Users ARE NOT to run over their allotted time. When your time is done – YOU MUST EXIT THE CAGE TO ALLOW THE NEXT GROUP TO ENTER. Groups must start cleaning up their equipment 5 minutes prior to the end of their session, so they have vacated the batting cage on time. Time will be maintained by a staff member of The Downtown Athletic Club. Start time will be noted on the top of waiver of liability.

FEES MUST BE PAID AND WAIVER FORM MUST BE SIGNED BEFORE USING THE BATTING CAGE. – IF THE PARTICIPANT IS UNDER 18, A PARENT OR LEGAL GUARDIAN MUST SIGN THE WAIVER FORM. IF YOU NEED ASSISTANCE WITH ANY EQUIPMENT PLEASE SPEAK TO THE DOWNTOWN ATHLETIC CLUB BATTING CAGE STAFF.

By signing this document, I acknowledge that if anyone is hurt, or property is damaged during participation in the activity a court of law may find me to have waived my right to maintain a lawsuit against the Downtown Athletic Club and all other parties listed or unlisted on the basis of any claim from which I have released them herein.

I HAVE HAD SUFFICIENT OPPORTUNITY TO READ THE ENTIRE DOCUMENT. I HAVE READ AND UNDERSTOOD IT, AND I AGREE TO BE BOUND BY THE ITEMS LISTED WITHIN.

Participant Signature or Parent/Guardian if participant is under age 18 _____ Date: _____

Printed name of Signatory _____ Printed name of Participant _____